

JACK'S WATERFRONT BISTRO

BREAKFAST MENU

start
fresh
#

SPECIALTIES

AMERICAN SKILLET OR VEGGIE SKILLET	9.75
Two eggs any style, breakfast potatoes with bits of bacon, sausage, ham, mushrooms, peppers & onions 1100 CAL	
PANCAKES	7.50
Griddled pancakes served with butter & warm Syrup- add blueberries or chocolate chips 2.00 900 CAL	
FRUIT PLATE	9.75
Fresh seasonal fruit with choice of cottage cheese or yogurt 600 CAL	
TRADITIONAL FRENCH TOAST	7.00
Two slices of thick cut bread battered & grilled to golden brown served with butter & warm syrup 1200 CAL	
SUNRISE SANDWICH*	7.75
Two eggs any style, Cheddar cheese and choice of meat on an English muffin, served with breakfast potatoes. 840 CAL	
CALIFORNIA OMELET*	9.00
Avocado, bacon & cheddar served with country potatoes & choice of toast 990 CAL	
DENVER OMELET*	9.00
Peppers, onions, ham & cheddar served with country potatoes & choice of toast 1000 CAL	
GARDEN OMELET	8.50
Tomato, mushroom, broccoli, onion, peppers & cheddar cheese served with country potatoes & choice of toast 900 CAL	
YOGURT & GRANOLA PARFAIT	6.00
Vanilla, strawberry or blueberry yogurt layered with granola 800 CAL	

HOTEL FAVORITES

INNJOYABLE BREAKFAST*	8.50
Two eggs any style served with breakfast potatoes, choice of meat and toast. 870 CAL	
SLIDER TRIO*	9.75
One of each bacon-sausage-ham slider, topped with fluffy scrambled eggs and Cheddar cheese served with breakfast potatoes. 1180 CAL	
TAILOR MADE 3 EGG OMELET*	13.0
Made with your choice of sausage, ham, bacon, Cheddar cheese, Swiss cheese, peppers, onions, tomatoes, mushrooms, spinach served with breakfast potatoes and toast. 640+ CAL	
START FRESH WRAP*	8.50
Egg whites scrambled with mushrooms, spinach, onions, and provolone cheese, wrapped in a whole wheat tortilla and served with breakfast potatoes or fruit. 820 CAL	
MALTED MINI WAFFLES	7.75
Crispy waffles served with berries, whipped cream and warm syrup. 1010 CAL	
BUILD YOUR PERFECT BREAKFAST*	13.0
Choose your eggs, meat and a side. Perfect! 560+ CAL	

ROOM SERVICE - Dial Extension: 636

A 18% gratuity charge and applicable sales tax will be added to the price of all items. Delivery charges \$2.00

BREAKFAST SERVED

6:30AM-11:00AM WEEKDAYS

7:00AM-12:00PM WEEKENDS

SIDES

FRUIT 100 CAL	3.5
BACON* 160 CAL	4
SAUSAGE* 360 CAL	4
TOAST 120 CAL	2.5
BREAKFAST POTATOES 290 CAL	3
YOGURT 150 CAL	3
OATMEAL 450 CAL	5
BAGEL 220 CAL	3

BEVERAGES

COFFEE 0 CAL	3
JUICE 110 CAL	3.5
TEA 0 CAL	3
MILK 80-150 CAL	3
ASSORTED SOFT DRINKS 0-160 CAL	3

2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutrition information available upon request.

*Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.